



Faith in Action Challenge Sheet

The Power of Forgiveness — Healing Wounds Within the Church

Scripture Foundation

1. Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you. — Colossians 3:13
2. Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you. — Ephesians 4:32
3. Make every effort to live in peace with everyone and to be holy; without holiness no one will see the Lord. — Hebrews 12:14
4. Father, forgive them, for they do not know what they are doing. — Luke 23:34

Reflection Questions

1. What emotions or memories make forgiveness difficult for you?

2. How has unforgiveness affected your peace, relationships, or worship?

3. What would change in your church if forgiveness became a shared value?

4. How can you forgive someone who hasn't apologized or acknowledged the hurt?

5. What would it look like for forgiveness to become your first response instead of your last resort?

Personal Action Steps (Underline or highlight the steps you are willing to take)

- Write down the names of those you need to forgive. Pray for each one daily this week.
- Ask God to help you release resentment and replace bitterness with compassion.
- Reach out to someone you've avoided or held a grudge against and offer peace.
- Journal what you've learned about God's grace as you forgive.
- Share your story of forgiveness with someone who needs encouragement.

Church or Group Action Steps (Underline or highlight the steps you are willing to take)

- Host a Reconciliation Sunday or small-group forgiveness night.
- Teach a sermon series on forgiveness, confession, and grace.
- Encourage leadership to model humility and repentance publicly.
- Create safe spaces for members to talk, pray, and seek healing together.
- Use testimonies of reconciliation to inspire others to seek peace.

Your Story of Hope

Every act of forgiveness is both a death and a resurrection—it ends resentment and raises peace. Take a moment to dream about what could happen if forgiveness took root in your life and church.

Write your hope and prayer for how God might use your forgiveness to bring joy, healing, and unity:

Moral Call

Forgiveness is freedom. It restores joy and rebuilds community. When believers forgive, walls fall and grace flows. Let forgiveness be your testimony and joy your reward.

Blessed are the merciful, for they will be shown mercy. — Matthew 5:7