

Faith in Action: Technology Challenge Sheet



Technology and Digital Life — How the Church Can Lead in an Online World

Scripture Foundation

1. Be very careful, then, how you live—not as unwise but as wise, making the most of every opportunity. — Ephesians 5:15–16
2. Do not conform to the pattern of this world, but be transformed by the renewing of your mind. — Romans 12:2
3. I will set no worthless thing before my eyes. — Psalm 101:3
4. You are the light of the world. A city set on a hill cannot be hidden. — Matthew 5:14

Reflection Questions

1. What role does technology play in your daily life? How much of it honors God?

2. How can you begin using your devices more intentionally for encouragement, learning, and discipleship?

3. Are there any online behaviors, apps, or habits that draw your attention away from Christ?

4. How can your church teach digital wisdom and create space for rest from constant connectivity?

Personal Action Steps (Underline or highlight the steps you are willing to take)

- Practice a weekly digital Sabbath. Set aside one day to disconnect and rest in God’s presence.
- Audit your social media feed and remove accounts that stir anxiety, comparison, or anger.
- Begin each online session with a short prayer: “Lord, help me to honor You with what I see and share.”
- Replace 15 minutes of scrolling with Scripture reading, journaling, or silent prayer.
- Use your online platforms to speak life by posting a verse, encouragement, or testimony this week.

Church or Group Action Steps (Underline or highlight the steps you are willing to take)

- Host a Digital Discipleship Workshop teaching members biblical discernment online.
- Encourage the congregation to observe a “Digital Sabbath Sunday.”
- Create a church-wide hashtag (e.g., #FaithOnline) for sharing testimonies and Scripture.
- Evaluate your church’s digital presence. Does it build genuine community or just visibility?
- Use technology missionally: livestream services, but also invite viewers into small groups or local service opportunities.

Write Your Story of Hope

Every change begins with a small act of faith. Think about what you hope to see as you implement these action steps in both your life and in your church. What would it look like for technology to truly serve your faith, your family, and your community?

Write your own hope and dream for how your digital life could reflect Christ more clearly. How would you like to see God use your actions to bring light, peace, or connection in an online world?

Moral Call

The call is simple but urgent: don’t let technology lead your faith—let faith lead your technology. Technology is a powerful servant but a dangerous master. The more it rules our time, the less space we leave for God. Let’s redeem our screens for His glory, allowing faith to lead technology, not the other way around.

“Whatever you do, whether in word or deed, do it all in the name of the Lord Jesus.” — Colossians 3:17