

KNOW HIM MORE

How Healthy Is Your Bible Study?

A personal assessment of whether your time in Scripture is helping you know, trust, and follow Jesus.

Most Christians know they should read the Bible. Far fewer stop to ask whether their time in Scripture is accomplishing what God intended.

Bible study should help us understand truth, but it should also deepen our relationship with the God who gave us His Word. It should lead us toward greater trust, obedience, worship, and love for Jesus Christ.

This assessment is not designed to measure how much Bible knowledge you have. It is designed to help you consider whether your time in Scripture is helping you know God more deeply.

HOW TO COMPLETE THE ASSESSMENT

Rate each statement from 1 to 5. Write your score beside each statement, add the section totals, and use the scoring guide to reflect on your current Bible-study habits.

5 Always	4 Usually	3 Sometimes	2 Rarely	1 Never
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Answer honestly. This is not about earning a perfect score. It is about recognizing where you are and taking your next step forward.

ASSESSMENT | PARTS 1-2

Why and How You Read

Rate each statement from 1 to 5 based on your current habits,
not the habits you wish you had.

PART ONE: WHY I READ THE BIBLE

- 1-5 I open my Bible because I genuinely want to know God better.
- 1-5 Spending time with God is more important to me than simply completing a reading plan.
- 1-5 I approach Scripture expecting God to teach me.
- 1-5 I usually begin my Bible reading with prayer.
- 1-5 I make time to read Scripture even when life feels busy.

SECTION TOTAL: _____

PART TWO: KNOWING GOD THROUGH HIS WORD

- 1-5 I regularly notice what a passage reveals about God's character.
- 1-5 I look for what Scripture teaches me about Jesus.
- 1-5 My understanding of God has grown through regular Bible study.
- 1-5 Reading Scripture strengthens my trust in God.
- 1-5 What I read often leads me to worship, gratitude, or praise.

SECTION TOTAL: _____

ASSESSMENT | PARTS 3-4

Responding and Growing

Look for the connection between what you read,
how you respond, and who you are becoming.

PART THREE: RESPONDING TO GOD'S WORD

1-5

My Bible reading affects how I live.

1-5

I try to obey what God teaches me through Scripture.

1-5

I confess sin when God's Word reveals something that needs to change.

1-5

I carry biblical truth with me after I close my Bible.

1-5

I can usually identify at least one practical response to what I have read.**SECTION TOTAL:** _____**PART FOUR: GROWING IN RELATIONSHIP WITH CHRIST**

1-5

Prayer is a natural part of my Bible study.

1-5

I enjoy spending time with Jesus through His Word.

1-5

My relationship with Christ is stronger than it was a year ago.

1-5

Scripture increases my desire to become more like Jesus.

1-5

My Bible study is producing greater love for God and for other people.**SECTION TOTAL:** _____**YOUR TOTAL SCORE**_____ **out of 100**

YOUR RESULTS

What Your Score May Reveal

Your score is not a final judgment on your faith.
It is a snapshot of your current habits and spiritual rhythm.

80-100

Growing Deeply

Your Bible study appears to be doing more than increasing your knowledge. It is helping you grow in trust, obedience, worship, and love for Christ.

That does not mean you have arrived. No believer reaches the point where there is nothing more to learn about God. Continue protecting your time in Scripture. Keep reading carefully, praying honestly, and responding obediently. Be especially careful that a healthy routine does not slowly become an empty one.

YOUR NEXT STEP

Choose one area where you would like to grow even deeper. It may be prayer, obedience, reflection, consistency, or worship.

60-79

Growing, but Inconsistent

You are moving in a healthy direction, but your Bible study may sometimes be affected by distraction, hurry, inconsistency, or routine.

You probably have moments when Scripture feels meaningful and personal. At other times, you may read quickly, lose focus, or finish without knowing how to respond. Do not become discouraged. Growth is not about never struggling. It is about recognizing what is missing and returning to God with honesty.

YOUR NEXT STEP

Identify the section where you received your lowest score. That area may show where your Bible-study rhythm needs the most attention.

YOUR RESULTS

An Invitation to Begin Again

Low scores are not a reason for shame.
They are an opportunity to return to God with honesty and hope.

40-59

Time for a Reset

Your time in Scripture may have become mechanical, inconsistent, or disconnected from your daily life.

You may still believe the Bible is important, but reading it may feel like another task to finish. Perhaps you are learning information without slowing down to worship, pray, trust, or obey. The good news is that God is not asking you to pretend. He invites you to begin again. You may simply need to remember why you open the Bible in the first place.

YOUR NEXT STEP

Choose one small change today. Start with prayer. Read a shorter passage. Slow down. Ask what it reveals about God. Respond with one act of obedience.

BELOW 40

Begin Again

Your relationship with Scripture may feel distant, discouraged, hurried, or almost nonexistent right now.

Do not use this score as a reason to feel ashamed. Use it as an honest beginning. God has not withdrawn His invitation. His Word is still open. His grace is still available. Jesus still welcomes you to come near. You do not have to repair everything in one day. A renewed relationship with God often begins with a small but sincere return.

YOUR NEXT STEP

Set aside ten quiet minutes tomorrow. Open the Bible, pray for understanding, and read slowly. Focus less on completing a large amount and more on meeting with God.

LOOK BEYOND THE TOTAL

What Did You Discover?

Your individual answers may reveal more than your overall number. Slow down and notice what God may be showing you.

Which statement received your highest score?

What does that reveal about an area of strength?

Which statement received your lowest score?

What may be keeping you from growing in that area?

What surprised you most about your answers?

MY NEXT STEP

What is one Bible-study habit I need to change?

What is one habit I want to begin?

What is one action I will take this week?

Complete this sentence:

When I open the Bible, I want to remember that

PRAYER AND NEXT STEP

A Prayer for Your Journey

May this assessment become an invitation to renewed fellowship with God through His Word.

Father,

I pray for this friend who has taken time to examine their relationship with You through Your Word. Thank You for meeting them with grace and truth. Help them resist the temptation to measure their worth by a score or compare their spiritual life with someone else's.

Show them where growth is already taking place. Encourage them where they have been faithful. Gently reveal the habits, distractions, or fears that may be keeping them from knowing You more deeply.

Give them a renewed hunger for Scripture. Help them open the Bible not merely to finish a task or collect information, but to hear from You, understand Your character, and grow in their relationship with Jesus.

Teach them to read carefully, pray honestly, trust fully, and respond obediently. Let Your Word shape their thoughts, choices, relationships, and priorities. When they feel inconsistent, help them begin again. When they feel discouraged, remind them that You are patient. When Scripture feels difficult, give them wisdom and perseverance.

Most of all, use every page they read to draw them closer to Christ.

In Jesus' name,

Amen.

READY FOR A FRESH START?

Know Him More

A 7-Day Bible Study Reset

Rediscover the purpose of Bible study, learn to look for God's character, connect reading with prayer and worship, and respond through trust and obedience.

Begin the free reset at InteractiveBibleStudies.net